

## Australian Rope Skipping Association

# ARSA Newsletter

## CALENDAR

### Regional Competition 07

*Thornside Hall, QLD*

August 27

### Australian Championships 07

*Tallebudgera, QLD*

September 29, 30

### Junior Olympics 07

*Knoxville, USA*

September 29-30

### FISAC

### World Championships 08

*Capetown, South Africa*

July 22- 31

### Junior Olympics 08

*Detroit, USA*

July 23 – Aug 2

## Welcome to the first ARSA Newsletter

The Australian Rope Skipping Association is dedicated to the promotion of the sport of rope skipping as a fun aerobic fitness activity. Our vision is to encourage children and adults of all ages, both males and females, to skip and to provide unlimited opportunities for them through the sport. The launch of our first newsletter will ensure all ARSA members are aware of events and activities being held around

the country by various clubs. The newsletter will be placed on the ARSA website for all clubs and members to view. It is also a communication tool for potential clubs and skippers to see how the sport is developing in Australia. The newsletter will provide ARSA the avenue to communicate all information, which promotes and grows the sport of Rope Skipping in Australia.

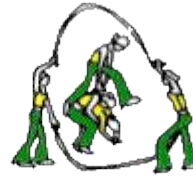
## QLD Skipping Championships 2007

The QLD Skipping Championships were held over 2 days at the end of July. It was the largest numbers of skippers to compete at a QLD Championship. A total of 145 skippers competed from 6 QLD clubs, and 1 NSW Club. There were numerous skippers competing for the first time. It was great to see the young age brackets full with 34 skippers competing in 8 & under, and 45 skippers competing in 9-10. There was also a noticeable increase in the male skippers with 15, spread through the age groups. It was a successful event, with an increase in competitors, and clubs from last year.

## QRSA Regional Competition

Queensland Rope Skipping Association launched its first ever-regional competition beginning in March this year. Three competitions were held, with over 120 competition skippers, from 7 clubs represented throughout the three events. Age groups completed various speed & master events, split over 3 rounds. A local skipping club hosted each round. It was a great build up to the QLD Championships, and the last competition was held on the 26 August.





## Australian Rope Skipping Association

### Rope Skipping News

#### *From around the World*

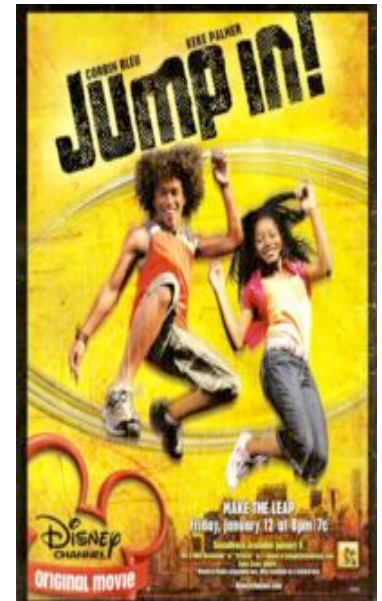
The 2007 European Championships were held in the Netherlands in June. 45 teams competed, with Belgium winning all gold and silver medals. Hungary won 2 bronze medals for Junior Girls & Senior Girls. Germany won a bronze medal for Senior Open and UK won bronze for Junior Open.

USA rope skippers set 4 new world records in June 2007. Tori Broggs set a new WR in Female 3 minute speed with 492. The Summerwind Skippers from the USA set 2 new WR in team speed with 362 in the Open Single Rope Speed Relay, and 410 in the Open Double Dutch Relay. The Double Dutch Forces team also set a new WR of 440 in the Open Double Dutch Pairs Speed.

### Rope Skipping comes to Foxtel

Foxtel's Disney channel has launched the new series Jump In! She is a competitive double dutcher, and he's a trained boxer. After being asked to substitute for a team member at a Double Dutch competition, he discovers a hidden passion for rope skipping.

Jump In broke the record for the highest rated Disney Channel premiere with 8.2 million viewers. Hopefully this has an impact on the interest in rope skipping within Australia. Lorraine Bannerman, president of the NSW Rope Skipping Association is already seeing an increase in enquires for skipping, due to the movie being released.



### Cleveland Air Magic star on



Skippers from Cleveland Air Magic got some great air time on channel Ten's TTN for kids programs in July. The story highlighted the success of Cleveland Air Magic at the last World Championships and Junior Olympics in 2006, where they collected a total of 126 medals. It also featured Bonnie Somers, and her ambition of being part of the famous Cirque Du Soleil. Bonnie has already auditioned to be part of the famous group, and is currently on a waiting list. It also featured Luke Boon, who became the Open Men's World Champion at the 2006 World Rope Skipping Championships in Canada.

It was a great profile on the sport of rope skipping in Australia, and the success we have when competing against the best in the world.