



Position Description

Head Coach of Team Australia

Non-Executive Committee Position
2 Year Term (Nov 2023 – Nov 2025)

Key Responsibilities

To lead, motivate and support athletes representing Australia in international competitions, particularly the IJRU 2025 World Jump Rope Championship Series

Specific Duties

- Perform the function of Head Coach for Team Australia in accordance with the competition rule book for all international competition in which Australian athletes are represented and attend relevant meetings schedule by the competition organisers
- Lead and direct club coaches to develop training programs that support Australian athletes to achieve their personal best in international competitions
- Support Skipping Australia to fulfil registration and administration requirements for participation in international competitions
- Provide advice to Team Australia athletes on routines, speed technique etc.
- Provide advice to Skipping Australia's Executive Committee on matters related to team selection and communicate effectively with the Executive Committee on matters and issues related to Team Australia's culture and performance
- Conduct meetings with Team Australia athletes and club coaches to support a consistent understanding of requirements and expectations during International Championships
- Maintain up-to-date knowledge of the competition rules, including completing all relevant judging courses

Desirable Attributes

- highly experienced skipping coach, preferably with experience coaching international-level athletes
- strong interpersonal skills and ability to lead and motivate others
- willing and able to represent and advocate for the best interest of **all** Australian athletes participating in international competitions
- show true interest in improving Australian athletes as a whole and in building a cohesive team spirit
- willing to seek a variety of approaches to develop strategies to enhance the performance of Australian athletes at international competitions

Key Goals 2024 - 2025

1. All Team Australia athletes provided with support and advice before 2025
2. Team Australia Head Coach responsibilities fulfilled at all international competitions
3. Establish a strong and supportive team spirit throughout Team Australia
4. At least two support meetings with club coaches in the international competition period